

GIVING THE GIFT OF LIFE



This PH Awareness Week,
let's talk about **organ donation** too.

For some people with pulmonary hypertension, undergoing a heart and / or lung transplant is their only option – but there is a national shortage of organs available.

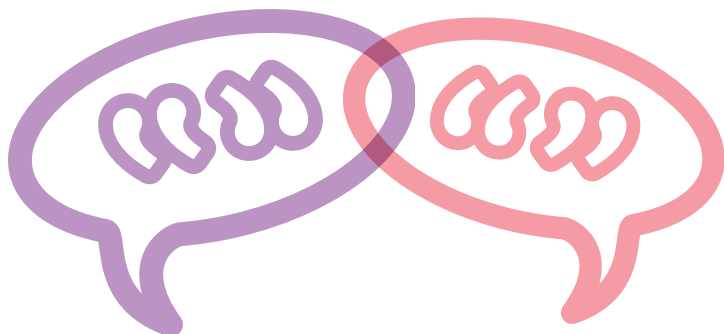
At any one time there are around **6000** people on the transplant waiting list and on average three people die each day in the UK in need of an organ transplant.

(Source: NHS)

Organ donation law is changing. **Pass it on.**

Next year, the law around organ donation is changing in England and Scotland. From spring 2020 in England and autumn 2020 in Scotland, all adults will be considered as having agreed to donate their own organs when they die unless they record a decision not to donate or are in one of the excluded groups. This system was introduced in Wales in 2015.

People with pulmonary hypertension are not able to donate their organs, but many others can – so spreading the word is important.



Find out more about organ donation
at www.organdonation.nhs.uk



It is really important to tell your family about your decision to donate your organs.

Even though deciding to become an organ donor is entirely your decision, your family need to know – because after your death they will be consulted about your organs and any decision they make will be respected.

Talking to your family means:

- They will feel confident to fulfil your wishes of being an organ donor when the time comes
- A stressful time will be made easier for them
- Your decision is more likely to be respected