

Pulmonary hypertension classification during the COVID-19 pandemic

To whom it may concern,

Since April 2020, people with pulmonary hypertension have been officially classed as clinically extremely vulnerable to COVID-19.

This includes those with pulmonary arterial hypertension (PAH) and those with chronic thromboembolic pulmonary hypertension (CTEPH).

These patients should be following Government advice to shield, which means that if they cannot work from home, they should not go to work.

They should only leave home for exercise outside or medical appointments and should not go to shops.

Yours sincerely



Dr Iain Armstrong
PHA UK Chair

Dr John Cannon, director of the PH service at Royal Papworth Hospital:
“My strong advice is that if you have any form of PH, including CTEPH (except for those with CTEPH who have had pulmonary endarterectomy surgery with no residual PH, and aren’t taking any PH therapy) you should be self-isolating for your own safety. If you have PAH or CTEPH (with the exception of those mentioned above in italics) your employers should not try to force you to work away from home.”